

What do school counselors do?

Our role as school counselors falls into three main categories:
academic, social/emotional, and postsecondary planning.



To support academic excellence, counselors assist students in selecting classes that meet ASD graduation requirements and prepare them for life after high school. We also assist students in developing strategies to improve their academic performance. In collaboration with teachers and parents, we are happy to host conferences to bring everyone to the same table. All students are different, and we are happy to support those who need alternative options.



To have a healthy community, we are available to help students navigate the tricky and sometimes challenging parts of life. As school counselors, it is within our scope of practice to offer short term counseling often related to personal struggles, mental health concerns, and peer issues. If further therapeutic services are needed, we can provide referrals to community resources. Furthermore, we can connect families experiencing other types of hardship with additional support. At ERHS, we play an integral role in crisis intervention and response.



Lastly, we are committed to helping students identify options for life after high school. The four years of high school can certainly zoom by, and our goal is to help students create a plan for pursuing their aspirations. It can be overwhelming to navigate applications, financial considerations, and the many pathways available. Counselors can assist students in this process by providing guidance and referrals.